

# SCHEMA GRUPP 2 11-12

Start	Slut	Måndag	Tisdag	Onsdag	Torsdag	Fredag	Start	Slut		
07:00	07:15						07:00	07:15		
07:15	07:30	Samling		Samling		Samling	07:15	07:30		
07:30	07:45						07:30	07:45		
07:45	08:00				Samling		07:45	08:00		
08:00	08:15	Ispass		Ispass-	Fys- Karatehallen	Ispass	08:00	08:15		
08:15	08:30		08:15				08:30			
08:30	08:45		08:30				08:45			
08:45	09:00		08:45				09:00			
09:00	09:15						09:00	09:15		
09:15	09:30		Teori-				09:15	09:30		
09:30	09:45	Off-ice	Birgitta	Off-ice	Ispass-		09:30	09:45		
09:45	10:00						09:45	10:00		
10:00	10:15	Fys-		Fys-		Off-ice	10:00	10:15		
10:15	10:30						10:15	10:30		
10:30	10:45	Karatehallen		Karatehallen			10:30	10:45		
10:45	11:00		Ispass-			Fys-	10:45	11:00		
11:00	11:15	Mat		Mat	Mat	Karatehallen	11:00	11:15		
11:15	11:30						11:15	11:30		
11:30	11:45						11:30	11:45		
11:45	12:00	Ispass		Ispass	Ispass-		11:45	12:00		
12:00	12:15		Mat			Mat	Mat	12:00	12:15	
12:15	12:30							12:15	12:30	
12:30	12:45							12:30	12:45	
12:45	13:00						12:45	13:00		
13:00	13:15		Rörlighet-				13:00	13:15		
13:15	13:30	Bollspel-		Bollspel-	Off-ice	Intern match	13:15	13:30		
13:30	13:45	C-hallen	Karatehallen	C-hallen			13:30	13:45		
13:45	14:00						13:45	14:00		
14:00	14:15	Mellanmål	Mellanmål		Mellanmål	Mellanmål	14:00	14:15		
14:15	14:30	Rörlighet-		Mellanmål			14:15	14:30		
14:30	14:45		Ispass	Rörlighet-	Ispass	Avslutning	14:30	14:45		
14:45	15:00	Karatehallen				Karatehallen		14:45	15:00	
15:00	15:15							15:00	15:15	
15:15	15:30							15:15	15:30	
15:30	15:45	Ispass-		Ispass			15:30	15:45		
15:45	16:00		Bollspel-					15:45	16:00	
16:00	16:15		C-hallen					16:00	16:15	
16:15	16:30							16:15	16:30	
16:30	16:45	Mat	Mat	Mat			16:30	16:45		
16:45	17:00	endast MV	Alla	endast MV			16:45	17:00		
17:00	17:15						17:00	17:15		
17:15	17:30	MV-träning-	MV-träning-	MV-träning-			17:15	17:30		
17:30	17:45								17:30	17:45
17:45	18:00								17:45	18:00
18:00	18:15								18:00	18:15
18:15	18:30						18:15	18:30		
18:30	18:45		Ispass				18:30	18:45		
18:45	19:00						18:45	19:00		
19:00	19:15						19:00	19:15		
19:15	19:30						19:15	19:30		
19:30	19:45					19:30	19:45			
19:45	20:00					19:45	20:00			
20:00	20:15					20:00	20:15			
20:15	20:30					20:15	20:30			
20:30	20:45					20:30	20:45			
20:45	21:00					20:45	21:00			